

- Healthy People in a Healthy



*Health Department
Annual Report*

2015



Public Health
Prevent. Promote. Protect.

Message from the Director

Community outreach, collaboration, and professional development of Riley County Health Department (RCHD)

personnel were strategies undertaken in 2015 to improve program and health outcomes for those we serve! Using community assessments our Board of Health (BOH), Public Health Advisory Committee (PHAC), and the Riley County Health Department (RCHD) committed to programs and services, strengthened partnerships and outreach, and assured members of our team are prepared to provide excellence in public health services! Key activities include:



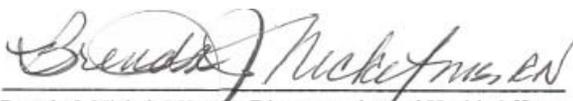
Identified leading health issues through community outreach: Fourteen community meetings were held in early 2015 identifying leading health issues. The final Riley County Community Health Improvement Plan (RCCHIP) report describes these important conversations and the thirteen health issues perceived as most important to be addressed. Three of the issues were selected as having the most potential for collective impact in improving the health of Riley County: 1) Communication and Coordination of Systems and Services; 2) Transportation; and, 3) Mental Health <https://www.datacounts.net/rcchip/>.

Created additional Mobile Clinics serving rural Riley County communities: The Women, Infants, and Children (WIC) Nutrition Program surveyed families served in Manhattan and Fort Riley prior to centralize WIC services to Manhattan and create mobile clinics for rural Riley County communities. Through a thoughtful process conducted with the State WIC Office, Geary County, and Fort Riley, the relocation to the main RCHD was completed May 2015. In August 2015 four mobile clinics were started in Ogden, Randolph, Leonardville, and Job Corps.

Engaged private and public partners to improve birth outcomes and health of babies: The Family Connections Maternal and Child Health (MCH) Program working with the Kansas Department of Health and Environment's MCH Program and March of Dimes implemented the Becoming a Mom program. A formal agreement developed with private providers at the Manhattan area Women's Health Group, Via Christi Hospital – Manhattan and the Pottawatomie County Health Department created a growing system of care for all pregnant women in Riley County.

Committed to a culture of continuous quality improvement with public health accreditation as the framework: The RCHD working with the BOH implemented quarterly Professional Development In-service to facilitate staff learning about factors impacting effectiveness of our work, public health surveillance and response, and the value of program and service performance review for quality improvement. The RCHD implemented activities to assess programs and improve processes using the nationally recognized Public Health Accreditation Board standards and measures as the framework.

In January 2016 the RCHD undertakes strategic plan to develop the roadmap guiding public health improvement efforts through 2019. Using RCCHIP leading health priorities the RCHD will continue to collaboratively engage private and public partners to collectively address health needs of our communities. Riley County was identified as the healthiest Kansas county in the 2015 County Health Rankings: Let's celebrate accomplishments and embrace the 2016 challenges and opportunities for *Healthy People in a Healthy Community!*


Brenda J. Nickel, MS, RN, Director and Local Health Officer

Our Mission

To ensure that everyone in our community has optimal health regardless of where they live, work, learn, play & pray.



12-7-15
I wanted to personally thank you for being so awesome! You have truly been a blessing in mine and Tristyn's life during this season. The resources you've given have not only paved my way but the next girls' life who is fighting for survival. You're truly an amazing person to take the extra time to help. You exceeded more than I thought. Thank you! Kimberly and Tristyn

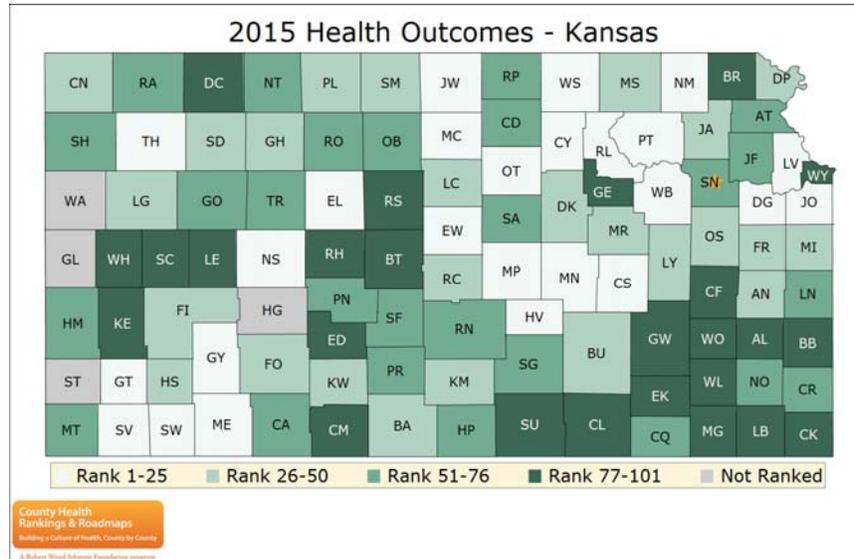


Clockwise, starting from top left: 1. Health Department staff posing with Willie the Wildcat at "Okt-FLU-ber Fest". 2. A letter from a grateful parent to the Raising Riley team. 3. WIC Staff at the "Luau on the Lawn" event, where WIC welcomed Fort Riley Families and others to explore the Manhattan location. 4. Raising Riley Literacy Facilitator, Debbie Jones and Literacy Intern, Grace Works, read with a family during Sensitive Santa.



2015 Highlights

On October 1st, the Health Department went live with the “KanPay Counter”, which allows clients to pay their bills/fees online! Making this service available is a part of the Health Departments ongoing effort to improve our quality of care and quality of service to Riley County residents.



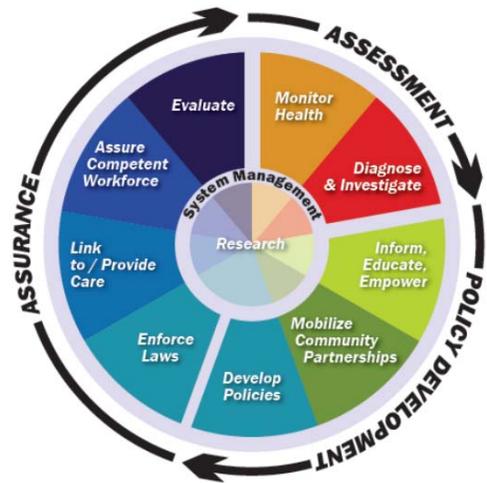
On March 25, the 2015 County Health Rankings & Roadmaps were released with Riley County ranked as the **healthiest county in Kansas!** The Riley County Health Department uses the Rankings to identify areas where we are doing well: improved access to healthy foods and exercise opportunities, reducing percentage of infants born with low birth weight, and number of deaths due to injuries. Additionally, health factors are reviewed to help focus resources where the data indicated room for improvement: excessive drinking, adult smoking, adult obesity, and sexually transmitted diseases. Visit the County Health Rankings & Roadmaps website for detailed information.

<http://www.countyhealthrankings.org/app/kansas/2015/overview>

The Riley County Health Department was awarded the Silver Level “Breastfeeding Employees Support Award” from the Kansas Breastfeeding Coalition and its *Business Case for Breastfeeding* program. The award is based on proven and established standards to benefit employers and employees. It recognizes businesses that provide support services to their breastfeeding employees, to include education as well as the time and space for employees to nurse and/or pump breastmilk at their workplace.



Providing the 10 Essential Public Health Services



Monitor and Identify Health

1,126

Surveys Were Completed

In January 2015, the Health Department in collaboration with the Riley County Seniors' Service Center, Via Christi, and Wichita State University's Community Engagement Institute, formerly known as the Center for Community Support and Research, released a Comprehensive Community Needs Assessment.

Using the report the Health Department held 12 community listening sessions with community members in order to review and discuss the results of the assessment. Three priority areas were selected by using input from the community along with a key stakeholders work session; the priority areas will be addressed in the Community Health Improvement Plan that is set to be released in 2016. The three priority areas are: Mental Health, Transportation, and Communication and Coordination of Systems and Services.



106

Reportable Diseases Investigated
in 2015

236

Community Members and Leaders
Attended Listening Sessions

A group of Riley County citizens at a Community Listening Session.

Diagnose and Investigate

Our disease investigator looks into a broad variety of disease cases such as: salmonella, pertussis, Ebola, measles, rabies, and others. The Health Department monitored 5 people who were potentially exposed to Ebola while traveling abroad. Each case was actively monitored for 21 days.

Inform—Educate—Empower

As a part of World Breastfeeding Week, the Woman Infants and Children (WIC) program initiated a “Rosie the Riveter” campaign. Breastfeeding moms dressed the part of Rosie to show how empowering breastfeeding can be. Photos of our moms were displayed in the WIC office and on Facebook. 55



Family Connections' Michelle Markvicka preparing for the March of Dimes March for Babies Walk.

Women had their picture taken as “Rosie the Riveter”.

Family Connections offers a series of six March of Dimes “Becoming a Mom” prenatal classes. Content includes education on risks of tobacco use during pregnancy, safe sleep practices for baby and successful breastfeeding information. There were 72 Becoming a Mom Classes presented.

Okt-FLU-ber Fest is an annual flu shot clinic that the Health Department provides. Along with their flu shots, families enjoyed games, healthy snacks, face painting. Story time, free books and crafts were provided by Raising Riley. Several community partners provided resources to attendees. Special guests that day were:

Willie the Wildcat, Bee Wise Bee, and Fred the Preparedness Dog .



895

People Reached on Facebook about Empowering Breastfeeding

Cathy Jones, WIC Dietician, dressed up as Rosie the Riveter to show support for breastfeeding.

2,559

Children 0-5 Years of Age Impacted by Raising Riley Professional Development Events

Raising Riley provided story time in 32 child care facilities. 854 children received free books and activities.

Mobilize Community Partnerships

In June 2015 Wildcat Region Public Health Emergency Preparedness partners collaborated to form a regional Medical Reserve Corps (MRC) volunteer unit. The unit will support local public health efforts and improve emergency preparedness throughout Geary, Pottawatomie, and Riley Counties. The MRC is currently recruiting volunteers to support our region.

The Flint Hills Wellness Coalition, which has representation from a broad group of community partners collaborated to improve vending options in the city and county. The City of Manhattan and Riley County are upgrading vending machines to have a minimum of 25% healthy options that meet the National Alliance for Nutrition and Activity (NANA) Standards.

307

Flu Shots Administered at Okt-FLU-ber Fest



Willie the Wildcat and the Bee Wise Immune Bee posing for a picture at Okt-FLU-ber Fest.

Develop Policies and Plans

In May a Referral and Follow-Up Policy was initiated for the Public Health Clinic. This policy assures that referrals and follow-ups are performed in a consistent manner and always sensitive to client's concern for confidentiality and privacy.

The Board of Health approved the Riley County Isolation and Quarantine Response Plans. In the event that an individual had a disease such as: tuberculosis, Ebola, smallpox, etc., they would be required to adhere to the isolation and quarantine plans for the safety of themselves, their loved ones, and the community.

\$808,935

WIC Dollars
Spent in Manhattan



WIC vendor manager, Kelly Siepker, at a local grocery store.

"Breva, I am so proud of you and the work that you do every day for the children in your community! You Rock! "

- Julia E. Alferts, DS North Central Region, KDHE



Clinic Nursing Supervisor, Gail Chalman, learning how to properly put on personal protective equipment (PPE).

Enforce Laws and Regulations

The Child Care Licensing Program enforces laws and regulations set forth by the Kansas Department of Health and Environment (KDHE). These laws help to reduce predictable health and safety risks to children in the child care setting. Our surveyor completed 13 initial inspections, 129 annual inspections, 49 KDHE issued compliance checks, 14 facility complaint inspections and 7 illegal child care complaint inspections. Riley County has the potential to provide services to 2,447 children.

The local WIC vendor manager monitors local grocery stores to ensure they abide by the state & federal guidelines for food delivery. WIC checks, redeemed at local stores, bring in substantial revenue to the local economy.

Child Care Licensing Surveyor, Breva Spencer, is conducting an inspection of a Child Care Center and is observing the diaper changing area.



127

Licensed Child Care
Facilities in Riley County

Link People to Needed Services

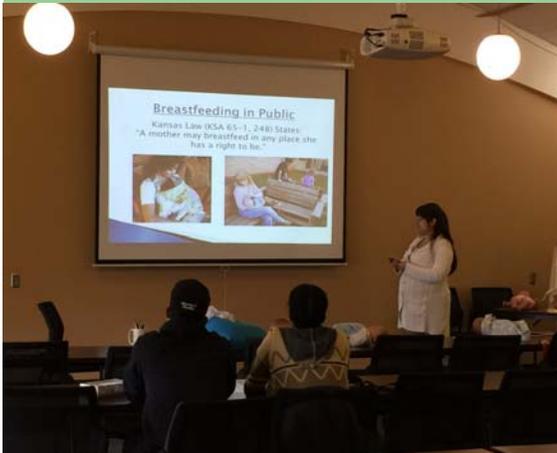
Raising Riley awarded child care scholarships for families at or below 200% of poverty. Additionally, they provided emergency scholarships to 15 families to assist them while job searching and/or rebounding from a major life trauma. Through regularly scheduled assessments, children were identified and referred to Tiny K Infant/Toddler Program, USD #383 Special Services, and other area agencies and are now receiving specialized services.



212
Child Care Scholarships
Provided

Raising Riley Early Childhood Facilitator, Molly Jenkins, reading stories.

20
Cribs Provided to Families to Ensure a Safe
Sleep Environment



Family Connections, Maria Baquero, presenting about breastfeeding in public.

The WIC program completed 3260 certifications for services to pregnant, postpartum, and breastfeeding women, infants and children up to age 5.

Family Connections served over 600 families through it's Maternal and Infant Health, Home Visiting, Becoming a Mom Classes, and Healthy Start Home Visiting services and programs. Through the Delivering Change Scholarship program, 15 uninsured pregnant women received scholarships which allowed them to access medical care.

The Public Health Clinic provided 5,367 clinic service/laboratory tests to clients. The referral and follow-up policy assures that any tests that come back abnormal are handled properly to ensure clients get the care they need.

170,574
WIC Referrals



Child Care Licensor and Disease Investigator, Brevia Spencer and Patti Grub posing with Willie the Wildcat at Purple Power Play in the Park.

Assure a Competent Workforce



Lori Fortin, WIC Dietitian, practicing putting on her facemask at one of our quarterly in-service sessions.

The Director and the Board of Health worked together to create professional development opportunities each quarter to ensure we are continually providing optimal care to the residents of Riley County.

Riley County clinic staff attended a Personal Protective Equipment donning and doffing training to learn the proper techniques when dealing with highly infectious diseases, like Ebola.

Seven members of the Health Department staff attended the Local Public Health Leadership Series hosted by Wichita State University's Community Engagement Institute. This series enhances the ability of local health department staff to exercise leadership in the delivery of services to residents



Lisa Ross learning about Accreditation at a quarterly in-service session.



KSU Dietetic Student Interns.

18
Students who Interned or Shadowed at Riley County

Evaluate

In response to the CCNA the Ft. Riley WIC Office was relocated to the main office in Manhattan. Using community feedback, the WIC office identified the need for mobile clinics across the county. They now travel to Leonardville, Ogden, and at Job Corp monthly to offer services.

The Public Health Clinic did an evaluation of their quality of customer service. When evaluating responses from December, it was reported that **87%** of clients were "very satisfied" with the quality of service. This is an ongoing evaluation and quality improvement project for the clinic.

Research

The Health Department is constantly exploring new ways to better serve the residents of Riley County through using evidence-based practices and model practices from around the country.

Research has been done in the three selected priority areas to be focused on in the Community Health Improvement Plan: Mental Health, Transportation, and Communication and Coordination of Systems and Services. This research will help guide the development of the plan to utilize best practices and strategies used to address these issues in other communities.



Clinic Nurse, Kayla Mathis taking a break for a photo.

A Message from the Board of Health

In January 2015 we welcomed a new commissioner to the Board of Health (BOH) who shares the belief that serving our communities is only accomplished through cooperation, collaboration, and engagement of residents and local, regional and state partners. Although we were recognized as the healthiest Kansas County in the 2015 County Health Rankings we are not content to maintain status quo. As stewards of public funds and trust the Riley County Commission will assure we are strategic in funding foundational public health capabilities to address the prioritized local and regional health issues. We committed to understanding needs by participation in the following activities:

- **Community Health Improvement Planning (CHIP) process:** Following the 2014 Comprehensive Community Needs Assessment and the Local Public Health System Assessment we focused on communicating findings and engaging residents in prioritizing leading health issues. The Riley County Health Department (RCHD), Via Christi Hospital –Manhattan, and EnVisage Consulting convened community conversations across Riley County identifying thirteen health issues important to Riley Countians. In October 2015 the CHIP process report and the future plans to implement the CHIP was presented to the Board.
- **A dialog with leadership of key partners to focus on population health issues:** The BOH and RCHD participated with key community health organization leadership to discuss concerns important population to our residents served by Medicaid. Through a series of meetings facilitated by the Centers for Community Support and Research, Wichita State University, Geary and Pottawatomie county commissioners and health department, regional safety net clinics and community hospitals, and the Pawnee Community Mental Health Center suggested the need to communicate to our state-level policy makers about the health impact of needed mental health services and access to dental care. This work will continue in 2016 and aligns with one of our CHIP priorities: Mental Health.
- **A commitment to regional public health emergency preparedness planning:** The BOH and RCHD convened commissioners and health departments from Geary and Pottawatomie counties, partners from Fort Riley and Irwin Anny Hospital emergency preparedness, and the State Preparedness Program to expand regional Emergency Support Function (ESF) #8 –Public Health and Medical Services capabilities, including development of a Medical Reserve Corp. This work will continue in 2016.

The Board is committed to working with private and public partners to address health needs in Riley County! We will engage with the RCHD to continually assess health status, report progress, and promise to focus efforts for the common good. We invite you to join us at our Commission meetings each Monday and Thursday morning at

8:30a.m. in the Commission Chambers or submit your ideas, comments or questions to: <http://rileycountyks.gov/29/County-Commissioners>. Only together can we collectively impact health, safety, and quality of life in Riley County: We look forward to your participation!




Commissioner Ron Wells, Chair, District 3


Commissioner Robert Boyd, Jr., District 2

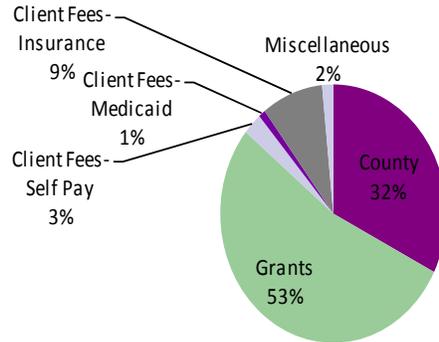

Commissioner Ben Wilson, Vice Chair, District 1

Financial Statement

Unaudited Statement of Revenues and Expenses for the Period of January 1—December 31, 2015

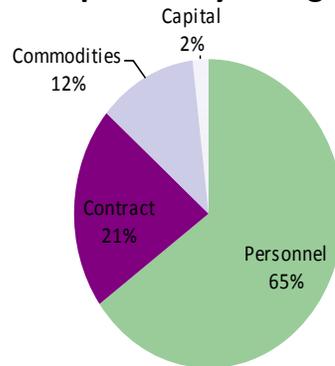
Beginning Balance	\$169,091.60
Revenue	
County	\$1,279,2894.00
Grants	\$108,004.45
Client Fees-Self Pay	\$39,003.20
Client Fees-Medicaid	\$346,591.94
Client Fees-Insurance	\$63,146.00
Miscellaneous	\$63,146.00
TOTAL REVENUE	\$3,941,600.09

Revenues by Source



*Expenses	
Personnel	\$2,301,733.95
Contract	\$751,647.67
Commodities	\$417,249.52
Capital	\$67,863.90
TOTAL EXPENSES	\$3,538,495.65
Ending Balance	\$572,196.65

Expenses by Category



*These numbers are preliminary and are as of a report dated 1/31/2016. Number will not be finalized until 02/29/2016.

“The relationships and learning I have been privileged to enjoy in Riley County are gifts that have strengthened my professional and personal roles. I am humbled and grateful for the opportunities and trust that has been bestowed upon me and the Riley County Health Department Director/Administrator since June 17, 2013 and will continue to provide this quality of service and commitment to excellence through my last day of employment.” - Brenda Nickel, Riley County Health Department Director/Administrator, June 2013—December 2015